

## MIDDLESEX ROAD RELAYS 10 SEPTEMBER 2023

## SENIOR Team Result

Place	Club	Age Group	Time
1	Ranelagh	SW	34:36
2	Barnet	SW Master	35:57
3	Hillingdon	SW	37:23
4	Hillingdon	SW Master	44:29

Place	Club	Age Group	Time
1	Ealing Eagles	SM	31:21
2	QPH	SM Master	33:32
3	Hillingdon	SM Master	34:26
4	Highgate	SM Master	35:48

## Fastest Individual Legs

Place	First Name	Second Name	Club	Age Group	Time
1	Cecily	Day	Ranelagh	SW	10:46
2	Molly	Riglin	Ranelagh	SW	11:06
3	Nikke	Penty-Alvarez	Hillingdon	SW	11:54
4	Karen	Murphy	Barnet	SW Master	11:57
5	Joanne	Kent	Barnet	SW Master	11:59
6	Kath	March	Barnet	SW Master	12:01
7	Aimee	Horn	Hillingdon	SW Master	12:39
8	Rebecca	Bissell	Ranelagh	SW Master	12:44
9	Melanie	Spencer	Hillingdon	SW Master	12:50
10	Zoe	Dobbs	Hillingdon	SW Master	13:36
11	Helen	Rochester	Ealing Eagles	SW Master	14:02
12	Pauline	Smith	Hillingdon	SW Master	15:17
13	Karen	Trunkfield	Hillingdon	SW Master	15:36
14	Hong	Yarnell	Ealing Eagles	SW Master	17:50

Place	First Name	Second Name	Club	Age Group	Time
1	Mark	Watson	Highgate	SM Master	09:35
2	Niall	Gilchrist	Ealing Eagles	SM	09:36
3	Paul	Cuddihy	Hillingdon	SM Master	09:59
4	Zac	Diggins	Hillingdon	SM	10:33
5	Ruben	Carvajal	QPH	SM Master	10:47
6	Greg	Fernandes Lawes	Ealing Eagles	SM	10:48
7	Nils-Kristian	Liborg	Ealing Eagles	SM	10:57
8	Antonio	Grant	Hillingdon	SM Master	11:01
9	John	Brosnan	QPH	SM Master	11:06
10	Francois	Alba	QPH	SM Master	11:39
11	David	Clarkson	Highgate	SM Master	11:55
12	Stevan	Dokic	Hillingdon	SM Master	13:26
13	Chris	Bailey	Highgate	SM Master	14:18